



The Enneagram opens a window to allow a broader personal landscape and a clearer view of ourselves and those with whom we share our lives.

Enneagram and Relationships

Facilitator – Ann Ladd, PhD, LCSW

The Enneagram is an ancient, highly sophisticated system of nine personality profiles that are meant to help us know ourselves and others as they are to themselves. This understanding helps us navigate the inevitable differences in relationships that stem from a personal worldview that is inherent to our personality.

While we each have a comfortable, natural type we rely on, we also have the capacity to express qualities from the other 8 types. In each of the following Tuesday evening sessions, two types will be explored in more depth. Besides, understanding others who have a different type, this experience with all of the types gives us a rich opportunity to chart a path of personal growth that expands on the gifts and world view of our own type.

Content will include a brief history of the development of the Enneagram, a description of each type and simple exercises to explore how the types show up in relationships, especially our most important ones. A workbook will be provided including a reading list.

When: 6 Tuesdays, 6:30 -8:30 pm,
Spring 2019 - March 26 \ April 2, 9, 16, 23, 30

Where: The Connecting Place, 421 N. Main St, Ste 202, Pueblo

Cost: \$125/person

Call Ann Ladd with any questions and to register – 719/251-4006