

Therapist's Praise for Ann's Heart of Healing Work

"Ann Ladd's training for therapists is invaluable. She honors the intricacies of relationships, as only a seasoned therapist can. With great skill and wisdom, she provides practical, well-researched knowledge and mentorship. Her work on 'loops' should be required training for every therapist, as should her unique and brilliant work on trauma healing. Her understanding of the soul and psyche is extraordinary, as is her warmth, intelligence, and accessibility. I recommend this course with enthusiastic and wholehearted praise."

Linda Carroll, Therapist and author of
*Love Skills: The Keys to Unlocking Lasting,
Wholehearted Love*

I believe I was a kind, empathetic couple's therapist before training with Ann Ladd and learning her Heart of Healing method. Afterwards I became an effective therapist using a powerful roadmap to understand how relational difficulties originate in individual wounding. I obtained meaningful tools to lead couple's through transformational healing to address core issues and provide new ways of relating to themselves and their partner. I would be lost without these essential knowledge and skills.

Ildiko M. Overbay, LPC, CADCI

In my work with couples, I have discovered that when they can get out of the loop, they often rediscover all the things about each other that brought them together and find that the very troubles brought by the loop, which caused alienation, can be sources of deep intimacy and empathy.

Linda Carroll



For over 30 years in private practice, I have focused on two main areas - trauma recovery and empowering relationships – with self and others.

My practice is now focused exclusively on helping couples discover the possibility of turning conflict into deeper trust and intimacy, reclaiming pleasure and encouraging the ongoing personal development of each person.

www.annladdconnect.com

THE HEART OF RELATIONSHIP THERAPY



This trauma-informed training offers a strength-based, integrated, experiential approach to healing and strengthening intimate relationships that supports the ongoing growth of each person.

Six-month Training Schedule

Saturdays

9:30 – 4:30 (Total hours – 36)

2024 September 14, October 12,
November 9,

2025 February 8, March 5, April 5

The Connecting Place
421 North Main Street, Suite 202
Pueblo, CO 81003
www.annladdconnect.com

Relationship is at the core of every client's presenting issue — first, with oneself and then, with others.



This experiential training will also allow you to – Integrate your current knowledge and training for working with individual clients into an effective approach to working with couples and **gain confidence in using additional powerful material with individual clients**



REGISTRATION INFORMATION

Training – 36 hours

Fee - \$1,200 (\$22/hr) Non-refundable Deposit - \$250

Supervision – 18 hours

Fee can be paid in installments with postdated checks.

Total hours – 54 hours

\$100 deduction if paid in full at registration OR

\$50 deduction if registered by February 28th.

Supervision – Paired with a buddy to discuss issues arising with new material between training sessions. Supervision sessions with Dr. Ladd at half price (\$65/hour) during the training.

The Heart of Healing: A Therapist's Journey with Clients

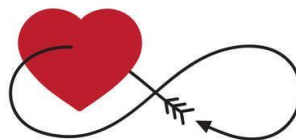
This trauma-informed training offers a strength-based, integrated, experiential clinical approach to healing and strengthening these relationships that support the ongoing growth of each person.

Couples come in many forms!

High conflict • Covert aggressive • Detached
• Over-identified • Young, ready to learn •
Dating, once-burned

It offers a “roadmap” of the **common elements** across various client presentations

It has **sequential approach** to addressing the **deeper issues** that result in the **presenting symptoms**, including **trauma work** when needed.



**Call or email Ann Ladd to
apply and register**

**719-251-4006
anladd@aol.com**

TRAINING SCHEDULE

**Six One-Day Training Sessions
(12 hours – 9:30 am – 4:30 pm each day)**

September 14, 2024

- 1) Overview -
History of Developments in Field
5 Steps in Healing Relationships
Healing the Negative Velcro Loop
Demo: Trauma-informed Family Map

October 12, 2024

- 2) Emotional Literacy –
Effects of Developmental Trauma
Demo: inner Wounded Child process
Enneagram and developing Protectors

November 9, 2024

- 3) Enneagram and Attachment Adaptations –
Demo: Loop – Parts of Self
Building a relationship to parts of self
Attachment - build secure attachment
between dissociated parts of the self.

Holiday Break

February 8, 2025

- 4) Emotional Literacy –
Heart of Healing Emotional Processing Work
Protest release
Gestalt pillow work.

March 8, 2025

- 5) Skilled Behavior –
Daily Temperature Reading (Satir)
Self-mgt – Off Ramp Behaviors (Ladd)
Intentional Dialogue (Gottman)
Differentiation: Initiator-Inquirer (Bader)
Apology-Forgiveness (Ladd)

April 5, 2025

- 6) Integration & Practice Session – Each person teaches one element of the psycho-education material.