

The Connecting Place

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Hi, I want to introduce myself and let you know about a training I'm offering for therapists in the area. I have decided to bring the groundbreaking couples' work I have done in Virginia and Oregon for the past 30+ years to Pueblo. Throughout my practice, I've specialized in transforming relationships and facilitating trauma recovery. I have trained therapists in both modalities in Oregon, Virginia and London.

I'm offering a training to assist therapists in working effectively and confidently with couples. The flyer with all of the information is attached. I'm not taking individual clients now, only couples or family relationships. I refer out individuals who contact me.

I'm very excited about offering this comprehensive, effective, skill-based course that integrates the developments in understanding attachment issues, the need for emotional literacy, the neurology of both trauma and relationships, the cycles of relationships from merging to wholehearted, and the importance of including trauma-informed therapy with couples. We know a lot about how to create and sustain a healthy, loving long-term intimate relationship.

The best part is that almost everything you learn in this two-day class can be transferred to your own important relationships at home and at work – and to your therapeutic work with individuals.

If you register by February 15th you get a \$50 deduction. I would appreciate you forwarding this information to anyone you think might have an interest. If two or more of you register together, you would each get a \$100 fee deduction. Please call with any questions you may have.

Hope I get a chance to meet with you,

Warmly, Ann

The central task for couples is to skillfully navigate two subjective realities to create a supportive, respectful, loving, intimate and joyful way of sharing life's journey together.

In the process of learning skillful means, each will also gain more self-awareness, enhanced self-worth and healing of earlier wounding.

– Ann Ladd